May 14, 2043   
A new disease was just discovered in India—they’re calling it NDV-94. It’s been spreading rapidly and thousands are dying. Everyone here is terrified and we’ve been working hard in the lab to understand the virus and formulate a cure, but it’s slow going. So far, all we know is the first symptom tends to be headaches and shivering. As the disease progresses, people have been observed to lose motor control and begin to behave more erratically. The death rates have been high, and it appears to be very contagious, although we are unsure of how it spreads.

June 15, 2043   
NVD-94 has reached the United States. Cities are quarantining, but there’s not much that can be done. It appears to travel through the air, so there’s a risk of getting it by just breathing next to someone. There’s already 1,000 cases in New York City alone, and while we are getting close to a cure, we don’t know if it will be ready in time.

July 5, 2043  
We’ve created a potential cure, but we are unsure if it’s safe to use and are beginning to conduct trials on mice. Hopefully it will be ready for human trials within the next few months, but the process is slow going.

July 28, 2043   
I don’t know what to do. I’ve been taking every precaution, but yesterday I noticed I had a splitting headache. I thought it was nothing, just a standard migraine, but then the shivering started.  
I’m going to die.   
It’s a frightening thought, but what scares me most is knowing what’s coming in the next week. I’m going to go crazy and forget everything and one I know and love. I’m going to be violent and unpredictable. I’m going to lose my sense of self.   
At this point I only see one option.

August 2, 2043   
I took the experimental cure. It wasn’t approved for human use, but I didn’t have a choice. So far, I’ve recovered, and have been under close observation to see the effects.

September 15, 2043   
A month after taking the cure, I appear to be fine, and more human trials are being conducted as I speak. People have hope again, and it’s a wonderful thing to see.

December 20, 2043  
It’s been a while, but the cure appears to have been a success and is being mass distributed throughout the United States and the world. People will be saved, and I’m beyond proud of our work in the lab.

Jan 7, 2044   
My memory has been foggy lately. I’ve been forgetting important events, and it’s been hard to think. It could be dementia, but I’m young and have had no family history, so I’m starting to think it’s a side effect of the cure to NDV-94.

Jan 10, 2044  
My memory has continued to deteriorate, and I often find I don’t know where I am. I forget names and faces. Sometimes I struggle to remember my own name, and those are the moments that scare me the most. Soon, I fear I will not remember who I am at all.